

## A Message from The Principal.

Everyone wants to meet students who know they are gifted and what they want out of life. The goals one sets must be realistic, achievable, quantifiable and appropriate to ones talents and interests. Some young people are born with sunnier dispositions than others. The childhood experience of some is happy, content and secure while for others it is fraught and unstable.

All parents want happy and fulfilled children. Students who are happy and fulfilled achieve more, do better in exams and are less stressed than those who are vexed by the pursuit of ever higher goals which always seem to be beyond their reach.

Happiness and fulfilment lies in knowing ones own limitations, accepting oneself as one is, and being proud of what one achieves. What is the purpose of Education if not to prepare one not just for Third level but for life itself, a life that is content, happy and fulfilled. Depression, anxiety, unhappiness etc. are all part of life. Money, fame and worldly success will not necessarily lead to happy, content or fulfilled lives.

Research shows that focusing on materialistic pursuits often diminishes well-being. What we want is to produce young men and women who are happy, content and fulfilled, who will help build a better society. This is a real challenge and I believe one to which youth can rise.

I wish all our young people every success in the Leaving Certificate in 2012. I hope every student will reach his/her potential, work hard, live a content and fulfilled life and take responsibility for his/her own well-being and happiness.

I want to thank Peter and Una Kearns, our Directors, for their support and encouragement for the 5<sup>th</sup> Form students and staff throughout the year. I want to acknowledge the leadership, enthusiasm, determination, & dedication of Mr. Raymond Kearns whose vision continues to guide the 5<sup>th</sup> Form College.

A word of thanks to: Anna Maxon who designed the cover of this magazine, to Mr. Declan Kidd, and Print Room Staff: Alan, Stephen, John, David and Brian who did the photocopying, put this booklet together and distributed it. I would like to thank those who contributed articles to this magazine, to David Ball and Georgy Khadzhibaronov who laid it out so professionally and put in many hours of work to make it a first class production.

To the Teaching Staff, Deputy Principals Una Finn and Richard Whelans, Administration Staff: Mary & Aisling, Guidance Counselors: Mary Dorgan and Helen Frewen and Ancillary Staff: Sharon, Tina & Carol, to each and everyone of you I say 'go raibh mile maith agaibh go leir'.



Andrew, Una and Peter Kearns, Directors of The Institute of Education

## Are You a Winner?

There is a great community spirit at The Institute of Education. It exists among the student body, the hard working, teaching, administrative and ancillary staffs. The beauty of life is heightened when a community spirit is present.

But that spirit requires constant effort to preserve it. I ask you to nurture it with mutual understanding and ensure its continued growth through involvement, hard work and support for your fellow students and teachers.

You are a success if you do your best. The only failure is not to try. It is by trying that you realize the untapped potential in you. You may fail, but it is by trying and failing that you grow more determined, more courageous, more responsible and more fulfilled. It's by trying and succeeding that you become a winner.

You need a positive mental attitude on the journey. Believe in your ability to do anything you want to do. Henry Ford said 'You can do anything if you think you can'. It's your negative thoughts, beliefs and attitudes hold you back.

You must visualize yourself as a WINNER. This is the best way to be anything you want to be. Visualize yourself as a doctor or whatever your preferred career is. As you visualize it in your mind, your mind will work constantly from then on to help you reach your goal. Reach that goal with determination, hard work, courage, diligent study and a fighting spirit.

**BE POSITIVE.** Appreciate all the talents and gifts you have.



**Row 1:** Seoid Ni Laoire, Laura Coe, Tara LeeMcKeon, Bronagh Keane, Ali McGrath, Eimear Smyth, Hannah Plomp,  
**Row 2:** Jim Darcy (Principal), Sheila Nsoedo, Greshma Gopi, Sorcha O' Brien, Niniola Idiat Balogun, Conor McVeigh, Tiarnan Morris, Peter Marshall, Emma Cullen, Nicole Galavan, Claire Berreen, Jessica Gildea, Rory Ryan, Sean Diffley, Ameena Riham, Manal Awan, Alyda O'Callaghan, Olena Yavorske, Richard Whelans (Deputy Principal).  
**Row 3:** Ciaran Gallagher, Oliver Redmond, Cillian Bourke, Teresa Basquel Fahy, Chloe Slevin, Yusuf Shushan, Mark Breheny, Laura Duggan, Kara Stokes, Ciara Dunne, Fionnuala Ennis, Laura O' Gorman, Bronagh Martin.  
**Row 4:** Ferial Smew, Mahnoor Ahmed, Sean Purcell, Leigh Carr, Ruth Anne Leavey, Katie Veale, Aila Harrysson Lorigan, Karen Dunleavy  
**Row 5:** Aoife Reid, David Foy, Luke Daly Roynane, Sinead O' Kelly, Rebecca Golden, Seona Walker, Stephen Flynn, Jake Brady, Sinead Kelly, Aimee Drudy, Ella Louise Taylor, Michael Kemp, Oisín Murtagh.  
**Row 6:** Emma Rowan, Alex Jordan, Sarah Austin.  
**Row 7:** Nicola Coogan, Elinor McColgan, Marina Marcos, Shauna McCormack, John Collins, Calvin Singleton, Sanabel Al Maghrabi, Janice Whyte, Alex Hayden, Declan Moore.

## 5<sup>th</sup> Year in the Institute

My year in the Institute has been quite enjoyable. It began with a few days of introductory talks from Mr. Darcy, Mary Dorgan, Una Finn and other members of staff. Finally we made up our timetables, which was less than straight forward but it all worked out fine. It was a great advantage and novel to choose our own teachers and classes. The year kicked off immediately with piles of work and tests, but it was new and different to a normal school so we didn't mind too much. As everybody was new, we were all in the same boat and making friends was easy.

At Christmas time our whole year went ice-skating on the roof top of Arnotts which was so much fun and a nice way to break off for Christmas. This trip was a brilliant idea. The rest of the year consisted of work, tests and more tests. But we were grateful to be doing something. The teachers were all very helpful and friendly throughout the year and school didn't seem to be too much of a chore.

On Valentines day there was a lovely surprise of a colourful box for anonymous letters. We all had great fun sending them to all our friends. A lot of laughter was had when the Principal decided to display our "anonymous" letters all over the walls for everyone to see. It was one of the funniest days we have had.

Now as the year comes to an end, with lots of new friends made, good times had and hard work done. I can say I truly enjoyed 5<sup>th</sup> year.

Sinead Kelly



**Row 1:** Meshkat Haque, Cillian McGrath, Cormac Flood, Conor O' Keeffe.

**Row 2:** Mr. Jim Darcy(Principal), Yasmine Elbay, Toni Adebayo- Oke, Thomas Feeney, Hazel Murphy, Sorcha Delargy, Zoe Murphy, Siobhan King, Bebhinn McDonnell, Martha Higgins.

**Row 3:**Michelle Lannon,Helen McCormack, Rebecca Duffy, Fatima Ismail, Eabha O' Driscoll,Ben Dillon,Amanda Courtney, Sarah Brandon,Sinead Walsh, Mr. Richard Whelans(Deputy Principal).

**Row 4:** James Hunston, Ciaran O Riain, Aidan O' Donoghue, John Doyle, Victor Ade Onojobi, Vikram Sundararajan, Pierce Farrell, Cian O' Scanaill, Karl Cleary, Sally Brophy, Brian Clancy, Gus Schwerin, Fionn Carroll, Niamh Rowland, Shannon Flanagan.

**Row 5:**Oisin Murtagh,Tiarnan Morris,Cillian Bourke, Eamon Donohoe, Mark Hanratty,Olavi Laiho, Rory Hayes, David Meghen, Jonathan Delemere, Stephen Young, Henry Byrne, Jenny Sykes, Meghan McGowan, Rebecca Conroy.

**Row 6:** Rebecca Dawson, Robert Scully, Ben Errity,Ho Nam Ma,Emmet Murphy,Sami El-Sayed, Aifric Dennison, Donagh North, David

## 5th Yr Geography Trip

In April, geography students got a chance to learn and experience a different environment. We were brought down to the river Liffey in Enniskerry to study it in depth.

Before we began, we ate lunch to provide us with energy for our active study. We were brought to a room to show us the equipment and instruments we were to use. The instructors divided us into groups. Volunteers were asked to wear waders and we were impressed by their 'lovely' colour and style. We started off in the middle course of the Liffey by measuring its width and depth. We then checked the speed of the river and analysed the river's bed load on each side. Each group did a different part of the middle course in the river and there was a slight hint of competition between the groups. The groups finished at the same time and then we all walked back to the centre.

When we got back, we found that some of the waders were not very protective. There were holes in some of them and volunteers got soaked. We compared our results and shared our information with the people who volunteered to do the measuring in the river.

It was truly fun to be somewhere different from your our classroom and to be doing something active. Just seeing the students in waders and some of them getting soaked was something unforgettable from this trip. It's a school trip we will remember. I would like to thank Michael Doran and Jim Carberry along with Mr. Darcy for organising this enjoyable trip on behalf of the two classes.

Caroline Tsang



**Row 1:** Sean Hanratty, Kal Munir, Gavin O'Mahony, Jia Ning Liu, Karl Czerwin Abbot, Tochukwu Anachabe, Luke Downes, Qesar Yousaf, Amr Tariq Tajuddin, Haris Aziz Shi.

**Row 2:** Jim Darcy (Principal), Mohammad Ahmed Rasheed, Yasser Saoud, Mohammad, Uzair Kundi, Yasin Himayat, Mohammad Shariq Khan, Shahzeb Sindhu, Ali Elahi, Toni Shaju, Mahrukh Azhar, Sonia Kaur, Aditya Chaturvedi, Maha Al-Omari, Morteza, Bazhban, Jerin Jose.

**Row 3:** Ronan Flynn, Jonathan Delemere, Mohamed Khalil, Andrew Daly, Shaheer Aziz, Jack Cummins, Walid Noureldin, Aya Higazy, Abdullah Al-Lahou, Noor Al-Omari, Nick Chen, Zainab Raouf.

**Row 4:** Fionn Carroll, Tara Morrison, Victor Ade - onojobi, Roise McMenamy, Laura Clinton, Janar Sarbai, Emer Halferty, Graham Turner, David Scully, Christopher Sloan McGuinness, Evan Hurley, David Croffy, Andrew Woodsmith, Gracey Moloney, Sami El Sayed, Paraic Daly, David Foy, Sean Purcell, Saiful Haque, Joshua Fitzpatrick Couzy, Clodagh Woods, Ciara Molloy, Erik Soderholm, Isabelle Maria Thiel, Paul Brittain, Usman Hussain, Danyal Memon, Rebecca Allman, Richard Whelans (Deputy Principal).

**Row 5:** Conor McCutcheon, Anna Maxon, Olivia Grennan, Lamis Osman, Marcus O'Dea, Harry Mahony, Laura Egan, Rebecca Frayne, Rebecca O'Byrne, Fia Litton, Richard Tyrrell, Rory Geoghegan, Emily Carew, Louise O'Connor, Sarah Lee. Gordon, Aila Harysson Lorigan, Seona Walker.

## A Visit to Beaumont Hospital.

On Wednesday 23<sup>rd</sup> of March, a group of 5<sup>th</sup> form students went to Beaumont Hospital for a talk on medical courses.

The talk started off with Occupational therapy, where two therapists gave us inside knowledge of their day to day job. This included how they played an important role in the rehabilitation of the patients at Beaumont. The Points and necessary requirements to study this course in college were also discussed.

This was followed by another talk from the physiotherapists from the hospital. They gave us a greater understanding of the role of a physiotherapist not only in the sports industry but also on the medical side. For example the rehabilitation that is necessary after an operation or an accident the patient may have previously had.

The final talk was given by a former dietician at Beaumont hospital. She went through the entry requirements necessary and also routes we could take to study nutrition and dietetics as a post-graduate student. Different aspects of her day were discussed and she showed us how versatile her career is.

The day was greatly enjoyed by everyone that went and gave us a greater understanding of the courses that were spoken about.

Zoe Murphy and Ali McGrath



Fiona McManus (Music Teacher) guides 5<sup>th</sup> Form students through Music Technology

## Athletics Team 2010/2011

This year The Institute Of Education's 5<sup>th</sup> Forms athletics team consisted of Zoe Murphy, Ali McGrath, Conor O' Keefe, Tiarnan Morris, Cormac Flood, Oliver Redmond, Sorcha Delargy, Martha Higgins, Bronagh Keane and Claire Berreen. The team trained hard after school on Fridays' afternoon working on speed, skills and stamina with the coach Rosanna Baker. She firstly brought us up to standard to compete in the cross country East Leinsters. They were held on the 27<sup>th</sup> of January 2010 at Avendale, Arklow, Co. Wicklow.

The girls Zoe Murphy and Ali McGrath, competed in the 3K, while the guys Conor O' Keefe, Ollie Redmond, Ruidrí and Cormac Flood competed for the boys. Ollie dropped out after 200m as he was running on an injured rib but the rest of the team kept running. All the guys did well with Conor O' Keefe finishing up in a well fought for 2<sup>nd</sup> place. He did the team proud. Zoe Murphy and Ali McGrath did well too. Good places were obtained and a successful day all round for the I.O.E. With Conor continuing on to the Leinsters in Santry on May 6<sup>th</sup> but unfortunately he got injured for the All Ireland.

### Athletics East Leinsters

East Leinsters took place on the 11<sup>th</sup>, 12<sup>th</sup> and 13<sup>th</sup> of April 2010. The whole team doing well.

Tiarnan Morris : came 5<sup>th</sup> in the 100m sprint and 7<sup>th</sup> in the shot putt

Conor O' Keefe: came 3<sup>rd</sup> in the 1500m run and 3<sup>rd</sup> in the 5K

John Doyle: came 7<sup>th</sup> in the 800m run

Cormac Flood : came 7<sup>th</sup> in the 1500m run

Zoe Murphy: came 5<sup>th</sup> in discus

Ali McGrath : came 5<sup>th</sup> in discus

Bronagh Keane: came 5<sup>th</sup> in the 100m sprint

Leanne Kennedy: came 7<sup>th</sup> in the 100m sprint

Overall a good year for I.O.E 5<sup>th</sup> Forms athletics squad

Ali McGrath



Front Row: Claire Berreen, Bronagh Keane, Tiarnan Morris, Cillian Bourke, Conor O' Keefe,  
2<sup>nd</sup> Row: Sorcha DeLargy, Zoe Murphy, Walid Nouredin,  
3<sup>rd</sup> Row: Michelle Lannon, Martha Higgins, Ali McGrath & Cormac Flood.

## KICKBOXING

Kickboxing took place each Thursday afternoon in the former 5th form building in 20 Lower Leeson Street. This year more than any other there were several students with former martial arts training of various types.

Even though there was disruption due to the snow students got to practice an expansive array of kicks and punches, blocks and footwork. It is my hope that students are inspired to continue their training in one shape or other remembering the ethos 'mens sana in corpora sano'- a healthy mind in a healthy body.

Declan Kidd



**Front Row:** Conor McVeigh, Rory Geoghegan, Sean Purcell, Sami El-Sayed, Kal Munir, Bronagh Keane,  
**Row 2:** Yasser Saoud, Tiernan Morris, Walid Nouredin, Cillian Bourke, Oliver Redmond, Aidan O' Donoghue.

## Bake Sale

On Thursday the 14th of April 2011 just before the Easter Holidays, a dozen 5th year students and staff arranged a Bake Sale and a Raffle in aid of the Japanese Tsunami victims. It was located beside Gerard's Cafe. This event was suggested by Susan Silk, after deciding where to send the money from the Table Quiz earlier this year. So I took the initiative of getting it started. Then word got around, posters were made, and loads of people took part in some way, either by helping out or giving cakes and making it a huge success.

The support was immense from students, staff, local businesses on Leeson Street and Superquinn. On the 14th April, many 5th year students brought in scrumptious cakes which sold rapidly. Many generous donations were made by staff and an Easter Egg Raffle was held. All this adding to the outstanding sum of €1,170.10 raised within those 2.5 hours, excluding the €250 made by the Table Quiz.

It is clear that a huge amount of effort was put in and it resulted in helping those less fortunate in Japan. The team work and the wonderful school spirit in The Institute of Education was demonstrated in this event, from all the students in 5th and 6th years and the staff. This is an amazing achievement that we can all be proud of, and I would like to take this opportunity to thank Mr Darcy, Susan Silke and Maura Parkinson and everyone who contributed in any way towards the Japanese Tsunami victims.

Thank you.

Bronagh Keane



Fifth Form Students at The Institute of Education

## Creative Writing

The 5<sup>th</sup> form students in the Institute of Education can choose from a wide range of activities, from soccer to debating, but I was lucky enough to be involved in the creative writing two hour seminar which took place on Friday the 11<sup>th</sup> of March 2011.

The Workshop was taken by English teacher, Cathy Sweeney at 1.30 on the Friday afternoon, where a group of twenty one students indulged themselves in English literature. Two weeks before students had to hand in a submission piece, which could be in the form of a poem, short story or personal essay, to see if they were to be accepted. The chosen students were then handed a folder which contained a poem called “Last Statement for a Last Oracle” by Alan Dugan and a short story by Gabriel Garcia Marquez titled “One of these days” along with the plan of the tutorial.

Subsequently, the selected students had to study and familiarise themselves with both pieces of prose before entering the workshop. For the first half hour, we discussed both texts in detail and conversed over the different ways in which both writers portray their skill and flare for language. For the remainder of the seminar we constructively criticised and evaluated each other’s work. We were under strict orders not to sit and admire each other’s submission pieces but rather speak openly and freely in how we could help each other improve our compositions.

An additional workshop will also take place. I fully enjoyed hearing other enthusiasts speak unreservedly about ways in which everyone can learn and improve. It was exciting to understand people’s perspective and their take on the skills of a writer. I look forward to the next and final workshop and I am delighted to have taken part in the creative writing seminar. I would recommend it to any future Fifth Form students interested in the English language.

Ruth-Anne Leavey



**Front Row:** Rebecca Golden, Gracey Moloney, Ruth Anne Leavey, Hannah Plomp, Luke Daly Roynane.  
**Row 2:** Seoid Ni Laoire, Andrew Woodsmith, Katie Veale, Stephen Flynn, Tara Morrison, Ciara Molloy, Ciaran Gallagher.  
**Row 3:** Ella Louise Taylor, Karen Dunleavey, Sean Hanratty, Calvin Singleton, Conor McVeigh, Michael Kemp, Declan Moore.

## Debating

I am so glad I took part in debating this year! I remember that first class where we were introduced to all the excitement the year would hold. Meeting some new faces our little debating family was already beginning to form: Luke, Laura, Elinor, Tara, Ruth, Ella, Karen, Gracie, Katie, Alex and Conor. We would meet Cathy Sweeney and often Will Dunne on a Friday for an hour or so. Banter and amusing conversations were guaranteed. We practiced seriously and sometimes not so seriously. We played witty games (debating related of course): I find myself thinking back to a speech Will Dunne made about “How a jaffa cake is a biscuit and not a cake”, or was it the other way around? Sorry Will!

We started off by taking part in the Concern Debates. A polite, routine debating method that some might have thought dull, but not us! We lightened the whole experience by grooving our way to other schools on a party bus with Maura Parkinson and getting a Wagamama take away! The debating itself involved a lot of research but was definitely worth it! We battled through topics like “climate change and GMOs” and even had to propose “Child Labour” at one debate. We were doing research and analyzing skills as well as thinking on our feet.

Indeed PHILSPEAKS in Trinity was the most fun. The lively weekend was jam packed with candyfloss machines, slush puppies, starbucks coffee, pizza and Chinese take away and a bit of debating! This fun, friendly competition consisted of teams of two, so into the battlefield we sent;

1. Luke and Laura
2. Ella and Conor
3. Karen and Tara.

Debating took place in a parliamentary format with topics such as 'This house would put obese children into care' and less serious (or perhaps not) 'this house would encourage making contact with extraterrestrial beings'. Outside the debates we had a comedian and a dating game that Ella played but unfortunately didn't win the Harry Potter DVDs. With encouragement from Cathy Sweeney and her kiddies and our role model and former champion Will Dunne, it was the icing on the cake when Laura and Luke succeeded in the competition.

Debating really improved my confidence in public speaking. As well as a hobby I intend to keep, I hold fond memories of laughs and good times with friends. It was certainly a high light of the year for all who took part.

Karen Dunleavy



Front Row: Bronagh Keane, Katie Veale, Elinor McColgan, Karen Dunleavy, Laura Clinton,  
2<sup>nd</sup> Row; Gracey Moloney, Ruth Anne Leavey, Paul Brittain, Tara Morrison, & Ella Louise Taylor.

## Fifth Year Information Evening

The following is an extract from a talk fifth year student Kara Stokes gave to prospective parents and students at the Fifth Year Information Evening on Wednesday, April 6<sup>th</sup> 2011

When I informed my previous school of my intentions to continue my studies in the Institute, I was called into the deputy-headmistress' office to try and convince me not to leave. She told me an abundance of myths about this school .....like I wouldn't have any friends, the teachers wouldn't know my name and there wouldn't be the same atmosphere in class, the classes would be huge, and I wouldn't know who was sitting beside me from one day to the next.

I have to admit, I'd heard these rumours before, as I'm sure many of you have. And I can honestly say, they are all complete fabrications.

I was nervous, no doubt about it. I only knew one other person. I soon discovered, hardly anyone knew another. I quickly found out that I knew loads of people, friends of friends and all that.

The morning of my first day, I was incredibly worried about whether I had made the right decision. I wasn't the only one. About two weeks into the term, while having lunch with other girls, it came to light that we all had. As it turns out there was no need – practically everyone made a conscious effort to be friendly because as with any school, no one wants a bad reputation. Also, there was, and still there is, none of the petty drama and bitchiness in the Institute - no one has the time or energy for it.

Regarding anonymity with the teachers, a complete lie! Jean Kelly, at 9.30am on the first Monday morning, went around the whole class pointing at people and saying their names. I'm not going to lie, it was weird. But it shows the effort the teachers go to. Something that I'm sure doesn't apply at many of your schools; I know it didn't in my old school. Mr. Darcy organized short information sessions with all the 3<sup>rd</sup> Level colleges in the country during the first term, and then a larger session with all of them later. He organised for us all to go ice-skating at 'Christmas on Ice' with Jean Kelly and Keith Hannigan. It was great fun, and the perfect opportunity to get to know the students a bit better. Every teacher, like Mr Darcy, endeavours to help us, whether they supply extra more detailed notes, run extra slower paced classes or provided one on one classes after school.

I'm not going to lie, it's very intense, especially after Transition Year where I spent most of my time organizing fundraisers, baking for them and watching Gossip Girl in the computer lab. But it is, in my opinion, absolutely worth it. For example, last week I was at a function hosted by my previous school. Myself and my friends were discussing the Home Economics journals. For any repeat 5<sup>th</sup> years, you'll know exactly what I mean. The absolute bane of my life. A friend of mine had hers in her bag, as did I. We were flicking through each other's and I immediately spotted little traps that Sandra Cleary had been detailing to us in class regarding the marks and how they are allocated. This kind of thing shows the in-depth and unrivalled knowledge the teachers here have, not only about their subject, but also about how the marks are distributed.

When I was asked to speak at this evening, I was asked to provide a balanced evaluation of the school. I know this sounds awfully rehearsed, but believe me, it's quite rushed. I was trying to think of negatives about coming here. Relaying an average day in my head, one thing automatically sprang to mind – while my wardrobe has, without doubt, had more additions in the last 7 months than this time last year, it's hardly negative. The negative is being tempted by Grafton Street at lunch and spending my money on a new skirt, or new mascara or whatever. But that's it. I think I can cope with that.

By Kara Stokes.

## Football

The Institute Of Education is renowned for it's exceptional academia but 2011 highlighted the talented footballers hidden away in those classrooms. Friday afternoons were greeted with a trip to Sportsco for a 5 a-side. Accompanied by Keith (Keitho) Hannigan, Jean Kelly and Mark Lynch, we were able to blow off steam stemmed from the week's hard work studying.

This year, as well as the 5 a-side, brought about two matches against the sixth year team with a 1-1 draw and a 3-1 defeat recorded. Nonetheless, it was an exceptional experience. Keitho was excellent as our boss and allowed us to enjoy ourselves as well as have a competitive mind of our own.

5<sup>th</sup> Year Team vs. 6<sup>th</sup> Years: Ali Elahi, Johnny Delemere, Mo. Shariq, Mo Khalil, Ronan Flynn, Kal Munir, Mark Hanratty, Walid Noureldin, Victor Ade, Yusuf Shushan & Gav O'Mahony.

We were also fortunate enough to tackle Castleknock College. Jean was a fantastic coach and with Mark Lynch on the sidelines there wasn't a moment's respite. However, it reaped the dividend as we came away with a 1-0 victory after a highly competitive match.

5<sup>th</sup> Year team vs. Castleknock College: Gav O'Mahony, Kal Munir, Mo. Shariq, Mo. Khalil, Johnny Delemere, Victor Ade, Mark Hanratty, Hamza Suleiman, Fintan Cleary, Kase Bukhatwa, Yusuf Shushan.

The year brought many wonderful footballing experiences and the success of football in the Institute really rose to prominence this year.

Kal Munir.



Front Row: Yasser Saoud, Gavin O' Mahony, Kal Munir, Walid Noureldin, Sean Purcell, Amr Tariq Tajuddin, Sean Hanratty,  
 2<sup>nd</sup> Row: Mohammad Uzair Kundi, Jonathan Delemere, Stephen Flynn, Mohamed Khalil, Rory Geoghegan,  
 Row 3: Mohammad Shariq Khan, Aditya Chaturvedi, Yusuf Shushan, Brian Clancy,  
 Row 4: Yasin Himayat, Shaheer Aziz, Vikram Sundararajan, Ali Elahi, Richard Tyrrell, Tony Shaju, Sanad Busnaina, Pierce Farrell,  
 Row 5: Emmet Murphy, Shahzeb Sindhu, Danyal Memon, Nick Chen,  
 Row 6: Victor Ade-Onojobi, Mark Hanratty, Cillian Bourke, Tiarnan Morris, Morteza Bazhban.

## GOLF ARTICLE

It stated when I was 12, hitting a little white ball in a field with my Dad. I was lucky enough to live 10 footsteps away from the golf course. I began to take an interest when summer came around, taking a leisurely walk while whacking the golf ball around. As the summer went on I began to improve so I became a member of Dun Laoghaire Golf Club and that's where it all began.

I started to progress and take lessons. I fell in love. I was given a handicap of 36 to start off so I could play in the summer competitions. I began to practice and play a few holes every evening and that's when I knew it was better than sitting at home and watching the tv. I started dropping shots and that's when I got spotted. I received a letter asking me to attend a fun open golf day hosted by the Irish Ladies Golf Union. I turned up in my runners to find the Maguire twins, Lisa and Leona, in my group. A few months later I received another letter informing me that I had made the under 14 Leinster training panel. There was a training date once a month and I was coached by Gillian Burrell. I played for Leinster at the age of 15 and again at 16. Today I am on the under 18 A Leinster panel and I am hoping to play in the interpros this summer.

At the beginning, I didn't have a clue that I would be any good at the game. I thought it was boring and slow and I was frustrated when I couldn't hit the ball up in the air. When I first got my handicap my motive was to try and get the little ball in the hole. As I progressed I wanted to have fun and try to get as many points as possible. Today my handicap is 9 and my aim is to get down to 4, play in this year's under 18 interpros, be a good golfer and play as much as I can. To do this I will have to practice and keep focused. Even though I won't play my best on every round I have to keep my head high and keep striding on.

I feel that everyone should try something new and exciting. You never know what you might be good at! The point I'm making is to live your dream! Go for it! Practice as much as you can and get out there and have a good time. You never know what's waiting for you around the corner. But most of all have fun.

Jenny Sykes



Jenny Sykes tees off

## Hamlet

“Oh Hamlet! Speak no more! Thou turnst mine eyes into my very soul...”-Gertrude

“Get thee to a nunnery!” -Hamlet

“Marry well bethought”-Polonius

How very familiar the lines of Hamlet have become to us! These particular lines nearly became more famous within our little group than the renowned “To be or not to be” soliloquy! It all began in September with auditions. There was a palpable vibe as each student took their own unique approach to Hamlet’s “To be or not to be” and Ophelia’s “Oh what a noble mind” speeches. After the players were finally chosen, rehearsals began at a relaxed pace up until Christmas. After the holidays we began “intensive” sessions. However to call these rehearsals “intensive” feels wrong- it makes the process seem arduous; when really we had a great time preparing this play! We met every Monday and Friday rehearsing scene by scene, learning (and occasionally laughing at) the lines and learning our positions on the stage.

As we rehearsed this great work, we started to imagine the play in a modern context- its message rings through throughout the ages. We began to sympathize with our characters- even the evil Claudius and Polonius (!)- though it is hard to consider them evil when you know the actors themselves, Ciaran Gallagher and Conor McVeigh respectively. We began to identify with the troubled young prince, Hamlet, played by Kal Munir; and we began to recognize Gertrude’s basic kindness, dramatized by Shauna McCormack. We laughed at the court jesters, Rosencrantz and Guildenstern, played by Calvin Singleton and James Hunston (who are just as funny out of character!) and we pitied the unfortunate Laertes, played by Alex Jordan, and his sister Ophelia, played by yours truly!

Thankfully, for those not fully acquainted with the play, we have the Directors, Luke Daly and Laura Clinton, who both explain the play and their two varying hypothesizes on it.

But these are just the players. There are also all the make-up artists, costume designers and spectators who came to nearly every rehearsal (Marina Morcos, Mahnoor Ahmed, Teresa Basquel Fahy, Janice Whyte, Diego Coyle Diez, Declan Moore, Siobhan King, Tara Lee McKeon, Bebhinn McDonnell, Rebecca Golden and Laura Coe to literally name but a few!)

And of course, there is Jim Lusby, our tireless director, who was just as “up for the craic” as the rest of us.

Hamlet is to be staged next September, and despite threats from our other teachers that they are coming (!) we’re all excited!

Helen Mc Cormack



1<sup>st</sup> Row: Declan Moore, Alex Jordan, Conor McVeigh, Kal Munir, Ciaran Gallagher,  
 2<sup>nd</sup> Row: Luke Daly Roynane, Shauna McCormack, Katie Veale, Tara Lee McKeon, Laura Coe, Bebhinn McDonnell,  
 3<sup>rd</sup> Row: Yasmine Elbay, Laura Clinton, Calvin Singleton, Seoid Ni Laoire,  
 4<sup>th</sup> Row: Marina Marcos, Helen McCormack, & James Hunston.

## Home Economics Leaving Cert Project

The Home Economics Leaving Cert project consists of a journal documenting five out of the six given cooking assignments you will carry out. The assignments vary from year to year. It is 20% of the overall Leaving Cert Home Economics grade.

The assignments are given and you must cook an appropriate dish/meal suitable to the specific requirements needed. Each assignment is evaluated under four main headings:

1. The investigation which is the analysis/research into the specific assignment.
2. Preparation and planning which involves documenting the resources used and work plan of the assignment.
3. The implementation which documents the procedure followed while carrying out the assignment, the key factors considered when making the dish/meal and the safety and hygiene issues relevant to the assignment.
4. Your evaluation of the assignment in terms of the implementation and specific requirements of the assignment.

You have to pick your dish and cook it during class. Doing the Home Economics practical is a break from the learning aspect of the course. The assignments are given out in 5<sup>th</sup> year which gives you the opportunity to get 20% of your grade before you are even in 6<sup>th</sup> year. It is nice to have the feeling that the actual Leaving Cert exam is not the whole grade and gives students who are not very strong at the theory a chance to gain the 20%. It is a relief when done and well worth the work put in. The guidelines for the project are clear and give the full opportunity for anyone to achieve a good result.

By Sorcha O'Brien.



Sandra Cleary demonstrates culinary skill to 5<sup>th</sup> Form Students

## Horsey-go-lucky

These are the components required for any successful equestrian team: Four horses, preferably with Riders, Parents willing to drive, Praise, Console... and shovel up the inevitable deposits.

Add to this an enthusiastic former IOE student willing to partly sponsor the team, an even more enthusiastic Richard Whelans, willing to give up his Saturday afternoons as cheerleader-in-chief, and you get the picture. The IOE equestrian team had the added bonus of our school generously covering our entry fees. For our part, we on the team, Sinead Linehan, Rebecca Conroy, Seoid Ní Laoire, Zoë Murphy and Sarah Brandon, got to look cool in our snazzy jackets and have fun jumping our horses.

Go clear or not go clear: that is the question: whether 'tis nobler in the mind to suffer the slings and arrows' falling poles or to wave arms at a horse that is refusing, and by opposing jump him?...

*To grunt, and sweat under a weary life* was not our task. We had FUN. We had a great team spirit that allowed us laugh at our misfortunes and cheer our success.

Thanks to everybody for all of their help, especially Mr. Darcy, Mr. Whealans and the administration staff for their backup, good humour, and not to mention their endless supply of envelopes and postage stamps.

*The heartache and the thousand natural shocks* of horse riding? I don't think so!

Thanks for everything,

Sinead Linehan, Team Captain.



Sinead Linehan (Captain), Zoe Murphy, Seoid Ni Laoire, Rebecca Conroy.

## Ice Skating

Friday is normally the day most students look forward to during a school week and Friday the 26<sup>th</sup> of November was no exception, in fact we were even more excited for this Friday as we were going on a school trip! It was a fun day for fifth form in The Institute of Education. It was a day of freedom and joy on the ice. We had to go to school that morning and the excitement became unbearable and when the time finally came to leave, we all burst through the doors and raced to the ice rink. We were filled with excitement, we couldn't wait to get on the rink and glide away. If only Ice skating were that simple...

We skated on *the roof* of Arnotts which made it even more enjoyable. Instead of skating under a roof we skated on one! We all laughed as we watched each other fall over one another and clutch onto the side of the rink for dear life. Even some of the teachers attempted to skate...

After some time, most of us were able to skate independently and enjoy ourselves even more. As our time on the rink drew to an end, we were upset it was over but extremely satisfied after the glorious day we had on the ice rink.

By Martha Higgins



Sean Duffy, Conor O'Keeffe and Ali McGrath

## Kick Boxing

Every Thursday of the year The Institute Of Education held kickboxing classes for all its students. These classes were filled with plenty of keen young kick boxers, boys and girls, some with experience and others just looking to start off their long career! The atmosphere in the building was indescribable. Having brought in a professional coach, Declan Kidd, we certainly didn't waste any time in starting up a great kickboxing year!! Wow was it a great year indeed! Unfortunately no competitive fights were scheduled against other schools but overall every student loved attending. All one heard in school on Friday was 'wasn't that class great, I can't wait for next week!'. I strongly advise all students to take up kickboxing in The Institute of Education and I'm going to end by saying 'I can't wait to see you there!'

By Walid Nouredin.



Kathleen Manning (Art Teacher) reviews an Art portfolio piece

## **My Year in The Institute of Education.**

My year in the Institute of Education has wrought a huge amount of change in my life. Perhaps it changes other students to a similar degree, but they have had the Junior Cycle to become acclimatised to the trials and travails of school. You see, I was a special case.

Home-educated for five years, I hadn't touched an official textbook on anything bar Maths. I had so much time to think, and explore subjects not covered by the syllabus, but the reality hit home eventually: I would have to sit the Leaving Cert to get into college. And my fascination with genetics meant that a degree would be necessary to enter the career I desired.

Enter the Institute.

When I first stepped through the vividly-painted doors of the Fifth Form building, I couldn't have told you what a titration was, or the distinction between breathing and respiration (It's not even a very subtle difference). Now, at the end of fifth year, I can fire off definitions and interpretation of literature like it's nobody's business. And I couldn't have done it without the aid of the absolutely stellar teachers.

I'd heard all sorts of dreadful guff about the teachers in the Institute. Horror stories about droning, utterly impersonal automatons that handed you notes and just expected you to learn them off by heart.

I'm embarrassed that I gave such tales any credence. There's a lot of hard slog involved in studying for the Leaving Cert, but I would never accuse my teachers of being "utterly impersonal". It would seem silly, considering all of the help I've received over the course of the year.

I've been given links to chemiosmotic theory, university-level analysis of population dynamics, and innumerable literary figures. There was no need to show me these things. But they chose to broaden my intellectual horizons. They chose to give me a glimpse of what lies after the Leaving. They chose to respond to my personal interest in these topics. And for that, I am in their debt.

I have another year left until the dreaded Leaving Cert. It'll take a great deal of hard work, there's no way around that. There are no shortcuts to success to be found in the halls of the Institute. But I'm confident that I will succeed. And those "droning, utterly impersonal teachers" will be the first people I'll thank.

Luke Daly-Ronayne

P.S. Oh, and it would be remiss of me if I forgot to mention the fine friends, amicable acquaintances, and priceless personalities that I have encountered in my time here. I'll not list you all here, because the list would probably be longer than what I've just written. Of course, that's assuming I use a new line for - Look, you know who you are. It's been fun, and I look forward to facing the Leaving Cert with such a sound bunch of people. Enjoy the summer.